

TALKING ABOUT SPORT & EXERCISE

B1 | Adults | Conversation Prompts | 45-60 minutes
Topic: Everyday English | Skills: Speaking | Grammar: General

Talk with a partner. Give reasons and examples. Ask follow-up questions when you can.

1. What kinds of physical activity do you enjoy?	2. Do you prefer exercising indoors or outdoors?
3. Do you enjoy watching sport? Why or why not?	4. Would you rather play a team sport or an individual sport?
5. What sport did you try when you were younger?	6. Is there an activity you would like to try for the first time?
7. Do you prefer exercising alone or with a partner?	8. What makes a sports event exciting to watch?
9. How can beginners feel welcome in a sports club?	10. Do you enjoy competition or prefer playing just for fun?
11. What can make it difficult to find time for exercise?	12. Is walking a good way to explore a new place?
13. Would you rather watch a match live or on a screen?	14. What qualities make someone a good teammate?
15. How can a coach encourage someone after a mistake?	16. Should schools offer more choice in physical activities?
17. Does expensive equipment make an activity more enjoyable?	18. What can towns do to make physical activity easier for everyone?
19. What activity would you suggest for a group with different abilities?	20. If you could learn a sport from an expert, which would you choose?