

# IRREGULAR VERBS

B2-C1 | Adults / Teens | Grammar Reference | Keep this page for study and writing practice

| VERB    | PAST SIMPLE                 | PAST PARTICIPLE             |
|---------|-----------------------------|-----------------------------|
| arise   | arose                       | arisen                      |
| awake   | awoke                       | awoken                      |
| bear    | bore                        | borne                       |
| bend    | bent                        | bent                        |
| bet     | bet                         | bet                         |
| bind    | bound                       | bound                       |
| bite    | bit                         | bitten                      |
| bleed   | bled                        | bled                        |
| blow    | blew                        | blown                       |
| breed   | bred                        | bred                        |
| cast    | cast                        | cast                        |
| cling   | clung                       | clung                       |
| creep   | crept                       | crept                       |
| deal    | dealt                       | dealt                       |
| dig     | dug                         | dug                         |
| dream   | dreamt (UK)<br>dreamed (US) | dreamt (UK)<br>dreamed (US) |
| feed    | fed                         | fed                         |
| fight   | fought                      | fought                      |
| flee    | fled                        | fled                        |
| fling   | flung                       | flung                       |
| forbid  | forbade                     | forbidden                   |
| forgive | forgave                     | forgiven                    |
| freeze  | froze                       | frozen                      |
| grind   | ground                      | ground                      |
| hang    | hung                        | hung                        |
| hide    | hid                         | hidden                      |
| kneel   | knelt (UK)<br>kneeled (US)  | knelt (UK)<br>kneeled (US)  |
| lay     | laid                        | laid                        |
| lead    | led                         | led                         |
| lean    | leant (UK)<br>leaned (US)   | leant (UK)<br>leaned (US)   |
| leap    | leapt (UK)<br>leaped (US)   | leapt (UK)<br>leaped (US)   |
| lend    | lent                        | lent                        |
| lie     | lay                         | lain                        |
| light   | lit (UK)<br>lighted (US)    | lit (UK)<br>lighted (US)    |
| prove   | proved                      | proven                      |
| quit    | quit                        | quit                        |
| rise    | rose                        | risen                       |
| seek    | sought                      | sought                      |
| sew     | sewed                       | sewn                        |
| shake   | shook                       | shaken                      |

| VERB      | PAST SIMPLE                | PAST PARTICIPLE            |
|-----------|----------------------------|----------------------------|
| shine     | shone                      | shone                      |
| shoot     | shot                       | shot                       |
| shrink    | shrank                     | shrunk                     |
| slide     | slid                       | slid                       |
| smell     | smelt (UK)<br>smelled (US) | smelt (UK)<br>smelled (US) |
| sow       | sowed                      | sown                       |
| speed     | sped                       | sped                       |
| spill     | spilt (UK)<br>spilled (US) | spilt (UK)<br>spilled (US) |
| spin      | spun                       | spun                       |
| spit      | spat (UK)<br>spit (US)     | spat (UK)<br>spit (US)     |
| split     | split                      | split                      |
| spread    | spread                     | spread                     |
| spring    | sprang                     | sprung                     |
| steal     | stole                      | stolen                     |
| stick     | stuck                      | stuck                      |
| sting     | stung                      | stung                      |
| stink     | stank                      | stunk                      |
| strike    | struck                     | struck                     |
| swear     | swore                      | sworn                      |
| sweep     | swept                      | swept                      |
| swing     | swung                      | swung                      |
| tear      | tore                       | torn                       |
| throw     | threw                      | thrown                     |
| undergo   | underwent                  | undergone                  |
| undertake | undertook                  | undertaken                 |
| weep      | wept                       | wept                       |
| wind      | wound                      | wound                      |
| withdraw  | withdrew                   | withdrawn                  |
| withhold  | withheld                   | withheld                   |
| withstand | withstood                  | withstood                  |
| wring     | wrung                      | wrung                      |
| overcome  | overcame                   | overcome                   |
| oversee   | oversaw                    | overseen                   |
| oversleep | overslept                  | overslept                  |
| overtake  | overtook                   | overtaken                  |
| redo      | redid                      | redone                     |
| repay     | repaid                     | repaid                     |
| rewrite   | rewrote                    | rewritten                  |
| upset     | upset                      | upset                      |
| forecast  | forecast                   | forecast                   |