

# EXTENDED WRITING: FAST FOOD

B2 | Adults / Teens | Discussion Writing | 20–30 minutes | Set 2

**Write developed answers. Support your ideas with reasons, examples, or a personal experience.**

**1.** Why is fast food so popular?

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**2.** Which fast-food restaurant do you think is best, and why?

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**3.** Why do people eat unhealthy food even when they know it is unhealthy?

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**4.** Should governments restrict food that is very high in sugar or fat?

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**5.** What do you think it is like to work in a fast-food restaurant?

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**6.** What unhealthy food do you enjoy, and why?

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**7.** Do you think traditional food in your country is generally healthy?

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**8.** Why has McDonald's been so successful around the world?

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**Possible B2 answers: Notice how each response gives a clear idea and support.**

## 1. Why is fast food so popular?

**Example:** Fast food is popular because it is convenient, relatively cheap and available almost everywhere. For many busy people, saving time is more important than preparing a balanced meal.

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## 2. Which fast-food restaurant do you think is best, and why?

**Example:** I think the best fast-food restaurant is one that offers fresh ingredients and clear information about nutrition. Speed matters, but quality and hygiene matter more.

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## 3. Why do people eat unhealthy food even when they know it is unhealthy?

**Example:** People often choose unhealthy food when they are tired, stressed or short of time. Advertising and the immediate pleasure of salty or sweet food also influence their choices.

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## 4. Should governments restrict food that is very high in sugar or fat?

**Example:** Governments should not ban all unhealthy food, but they could limit misleading marketing and use taxes or labels to encourage healthier choices.

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## 5. What do you think it is like to work in a fast-food restaurant?

**Example:** Working in a fast-food restaurant is probably demanding because staff must serve customers quickly, follow hygiene rules and remain polite during busy periods.

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## 6. What unhealthy food do you enjoy, and why?

**Example:** I enjoy fried food occasionally because it is comforting and convenient, although I try not to make it part of my everyday diet.

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## 7. Do you think traditional food in your country is generally healthy?

**Example:** Traditional food can be healthy when it includes fresh vegetables, grains and moderate portions. However, some traditional dishes are high in salt, sugar or oil.

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## 8. Why has McDonald's been so successful around the world?

**Example:** McDonald's has succeeded by offering a predictable experience, strong branding and locations that are convenient for travellers, families and busy workers.

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