

EVERYDAY EXPRESSIONS

Starting Your Day

A1 | Adults / Teens | Vocabulary + Discussion | 30-40 minutes

Topic: Home & Daily Life | Skills: Vocabulary, Speaking

Read the phrases and examples. Ask and answer the questions with a partner.

USEFUL LANGUAGE

1. wake up	stop sleeping	I wake up at seven.
2. get up	leave your bed after sleeping	I get up and open the window.
3. put on	place clothes on your body	I put on my blue shirt.
4. take off	remove clothes from your body	I take off my shoes at the door.
5. get dressed	put your clothes on	I get dressed before breakfast.
6. have breakfast	eat your morning meal	We have breakfast in the kitchen.
7. go to work	travel to the place where you work	My father goes to work by bus.
8. get ready	prepare to do something or go somewhere	I get ready for school at eight.

DISCUSSION

1. What time do you wake up?
2. Do you get up early on Sundays?
3. What do you put on when it is cold?
4. Do you take off your shoes at home?
5. Do you get dressed before or after breakfast?
6. Where do you have breakfast, and what do you eat?
7. How do people in your family go to work?
8. How long do you need to get ready in the morning?