

IDIOMS & PHRASAL VERBS

Friends and Feelings

B1 | Adults / Teens | Idioms + Discussion | 45-60 minutes

Topic: Personal Topics | Skills: Vocabulary, Speaking

Study the phrases and examples. Discuss the questions and try to use the new language.

USEFUL LANGUAGE

1. get on with	have a friendly relationship with someone	I get on well with my new neighbour.
2. fall out with	argue with someone and stop being friendly	Ben fell out with his friend over a broken camera.
3. make up	become friendly again after an argument	They talked about the problem and made up.
4. open up	begin to talk honestly about your feelings	She opened up to a friend about her worries.
5. let someone down	disappoint someone by not doing what they expected	I promised to help, and I do not want to let you down.
6. be there for someone	give someone support when they need it	My sister was there for me during a difficult week.
7. keep in touch	continue communicating with someone	We keep in touch through messages and video calls.
8. break the ice	help people feel relaxed when they first meet	A simple game helped us break the ice.

DISCUSSION

1. What helps you get on with new people?
2. Why do friends sometimes fall out with each other?
3. What can help two friends make up after an argument?
4. What makes it easier for someone to open up?
5. What should you do if you let a friend down?
6. How can you be there for a friend who lives far away?
7. How do you keep in touch with old friends?
8. What is a good way to break the ice in a new group?