

Learning to Cook

A2 | Adults / Teens | Reading + Vocabulary + Discussion | 45-55 minutes

BEFORE YOU READ

Talk with a partner. What is one meal you would like to cook well?

1. Match the words (1-6) with the definitions (A-F).

- | | | |
|----------------|-------|--------------------------------------|
| 1. prepare | _____ | A. an answer to a problem |
| 2. local | _____ | B. make something less |
| 3. solution | _____ | C. make something better |
| 4. reduce | _____ | D. having a duty to do something |
| 5. improve | _____ | E. get something ready |
| 6. responsible | _____ | F. from the area near where you live |

2. Read the article. The bold words are the vocabulary from Activity 1.

1. Tariq wanted to **improve** his cooking because he often bought expensive food after work. He decided to **prepare** three simple meals each week.
2. A **local** community centre offered an evening cooking class. The teacher explained how to plan shopping, use ingredients safely and **reduce** food waste.
3. Tariq was **responsible** for cooking one meal at home every Sunday. This was not an instant **solution**, but after two months he felt more confident and spent less money.

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UNDERSTAND, DISCUSS AND WRITE

3. Comprehension. Answer in complete sentences. Use the article to help you.

1. Why did Tariq want to improve his cooking?

2. What did the class teach besides cooking?

3. When did Tariq cook a meal at home?

4. What changed after two months?

4. Discuss. Talk in small groups. Give reasons and examples.

- Should schools teach cooking?
- How can people reduce food waste?
- What is difficult about cooking?

5. Homework: Write a short paragraph.

Write 80-100 words about a skill you want to learn. Explain why it is useful and how you could practise it.

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ANSWER KEY AND TEACHING NOTE

Vocabulary matching

1. prepare - E
2. local - F
3. solution - A
4. reduce - B
5. improve - C
6. responsible - D

Comprehension answers

1. Why did Tariq want to improve his cooking?

He often bought expensive food after work.

2. What did the class teach besides cooking?

It taught planning, safety and reducing food waste.

3. When did Tariq cook a meal at home?

He cooked one meal every Sunday.

4. What changed after two months?

He felt more confident and spent less money.

Teaching note

Compare vocabulary answers before reading. Help learners plan a useful skill: why they want to learn it and how they will practise. Accept accurate comprehension paraphrases and supported personal responses.