

PRESENT PERFECT CONTINUOUS

B1 | Teens / Adults | Grammar Question Practice | 20-30 minutes

Discuss ongoing activities, recent effort and visible results.

1. GET STARTED

Take turns asking and answering. Give details and ask a follow-up. You can invent personal details.

A: You're covered in flour. What **have you been making**?

B: Bread. I've **been trying** a new recipe, but the dough's still too sticky.

A: Let me have a look. How long **have you been kneading** it?

2. RECENT ACTIVITIES

1. What **have you been working on** or studying recently?
2. **Have you been watching** a series? What keeps you interested?
3. What **have you been trying** to improve? How is it going?
4. **Have you been spending** much time outside lately? Doing what?
5. What **have you been reading** or listening to recently?
6. How long **have you been learning** or practising a skill?

Keep talking: How long have you been doing that? / Any progress? / Why did you start?

3. EXPLAIN THE EVIDENCE

Imagine these situations if necessary. Explain the recent activity behind each result.

7. You look tired. What **have you been doing**?
8. Your shoes are muddy. Where **have you been walking**?
9. Your kitchen smells wonderful. What **have you been cooking**?
10. You feel much more confident. What **have you been practising**?

4. GUESS THE RECENT ACTIVITY

Choose an activity and describe two results without naming it.

Your partner asks questions with Have you been...? until they guess correctly.

Example: My hands are dirty and there are flowers by the door. **Have you been gardening?**

Explain how long you've been doing it, then swap roles.

Answer help: I've been ... lately / for a few weeks. / That's why I'm ...

Remember: Use have/has been + -ing for activity; use I've known for the state know.