

PRESENT PERFECT: SIMPLE & CONTINUOUS

B2 | Teens / Adults | Grammar Question Practice | 20-30 minutes

Compare completed results, continuing states and recent activity.

1. GET STARTED

Take turns asking and answering. Give details and ask a follow-up. You can invent personal details.

A: You look pleased. **Have you finished** your application?

B: Nearly. **I've written** the statement, but **I've been revising** it all morning.

A: Want me to read it? **I've helped** a few friends with theirs.

2. PROGRESS AND RESULTS

1. What **have you been working on** lately? What **have you completed** so far?

2. What skill **have you been developing**? How can you tell you are improving?

3. What book or series **have you finished** recently? Was it worth your time?

4. What **have you been trying** to change? Why has it been difficult?

5. What useful advice **have you received**? How **have you used** it?

6. What possession **have you owned** for years? Why have you kept it?

Keep talking: How much have you done? / How long have you been doing it? / What's still left?

3. ACTIVITY OR ACHIEVEMENT?

Explain the difference between the activity and its result. Use real or invented details.

7. You feel exhausted. What **have you been doing**, and what **have you achieved**?

8. You are planning a trip. What **have you booked**? What **have you been researching**?

9. You are learning something new. What **have you discovered**? What still needs practice?

10. What place **have you known** for years? How **has it changed**?

4. GIVE A PROGRESS UPDATE

Choose an ongoing project: learning a skill, organising an event or improving a room.

Explain your recent activity, completed results and remaining work. Your partner asks for details.

Example: **I've been sorting** my photos. **I've deleted** 300, but there are thousands left.

Discuss which result matters most and agree on a realistic next step.

Answer help: I've been ... for ... / So far, I've ... / I've known ... since ...

Remember: Simple: results, quantities or states. Continuous: activity or duration.