

USED TO / BE USED TO / GET USED TO

B2 | Teens / Adults | Grammar Question Practice | 20-30 minutes

Separate past habits, familiar situations and the process of adapting to change.

1. GET STARTED

Take turns asking and answering. Give details and ask a follow-up. You can invent personal details.

A: How are the early shifts going?

B: Better. I **used to stay up** late, so I'm **still getting used to going** to bed at ten.

A: I'm **used to starting** early now. Having the afternoon free makes it worthwhile.

2. CHANGE AND ADAPTATION

1. What **did you use to do** that no longer fits your daily routine?
2. What difficult situation **are you used to dealing** with now?
3. What **are you still getting used to** in your work, studies or home life?
4. How long did it take to **get used to using** a new device or system?
5. What **weren't you used to doing** when you began a new role?
6. What enjoyable habit **did you use to have** that you would like to revive?

Keep talking: What was it like at first? / Does it feel normal now? / What helped you adapt?

3. HELP SOMEONE ADAPT

Explain a likely past routine, an unfamiliar situation and a realistic adjustment.

7. Someone moves from a quiet village to a city. What must they **get used to**?
8. A person starts working from home. What might they **not be used to doing**?
9. You begin a course with no fixed timetable. What **did you use to rely** on?
10. A friend starts sharing a flat. How can they **get used to living** with others?

4. MAKE AN ADAPTATION PLAN

Choose a major change: moving abroad, sharing a home or starting a different schedule.

Discuss the old routine, what is familiar already and what will take time to get used to.

Example: I **used to drive** everywhere. I'm **getting used to taking** the train.

Agree on three practical ways to make the adjustment easier.

Answer help: I used to ... / I'm used to ... -ing / I'm getting used to ... -ing.

Remember: Past habit: base verb. Familiarity or adaptation: noun or -ing after to.